DIGESTIVE HEALTH CENTER

Your Procedural Sedation /Anesthesia

For your upcoming medical procedure, you will receive medications to relax you, but you will maintain your ability to breathe on your own and follow commands throughout the procedure. You will also be given pain medication. The combination of these medications may cause drowsiness and you may not remember events that occur during your procedure.

Before

On the day you arrive, we:

- Take a medical history and give you a physical assessment
- Check your vital signs
- Assess your heart and lungs
- Check for drug allergies
- Review your current medications (certain medications affect sedation)
- Ask about tobacco, alcohol or substance abuse (this may affect the sedation)
- Review your history of any adverse effects from sedation or anesthesia

During

While your procedure is taking place, we:

- Monitor your vital signs
- Apply oxygen
- Monitor your ability to respond after sedation medication is given

After

Immediately following your procedure, we:

- Monitor your vital signs
- Monitor your pain level and ability to respond appropriately
- Maintain your ability to drink fluids, making sure you don't experience nausea or vomiting

Commonly asked questions

Will I be asleep for this?
Not necessarily, the purpose of sedation is to relax you so you are still able to breathe on your own and respond to commands throughout the procedure.

Will this be painful?
We try to keep you as comfortable as possible, while still keeping you safe and breathing on your own without assistance.

Will I remember anything?
Most people do not remember anything, but some people remember parts of the procedure.

How long does it take to wear off?
The sedation may stay in your system for up to 24 hours. Generally most patients are awake and able to go home shortly after the procedure. You may be drowsy throughout the day, which is why it is important to have someone drive you home and be with you for 24 hours.

Sedation/Anesthesia side effects

I get sick after anesthesia, will I get sick after this procedure?
Most patients do not have nausea afterward.

Will my sleep apnea affect the sedation?
It may. Sleep apnea can make it more difficult to breathe on your own with sedation. For this reason the amount of sedation you are given depends on how well you are breathing.

Infection is rare, but any fever, constant or increased pain, please contact 319-234-5990.

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DigestiveHealthCenter.com

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