DIGESTIVE HEALTH CENTER

Important Information About Your Upper Endoscopy/Colonoscopy Procedure

Your Escort

- You **MUST** have a responsible adult escort accompany you when you arrive and leave our unit. Your escort must be reachable via phone or in person just in case our nurse needs to speak with him/her during your procedure.
- If you arrive to our unit without an escort, your procedure will be canceled (for legal and regulatory reasons)

Why Do I need an escort?

- Medications you are given during your procedure may make you disoriented for the rest of the day. You **CANNOT** drive until the day after your endoscopy/colonoscopy. Your escort may drive you home, or you may take public transportation **WITH** your escort following your procedure.
- You **CANNOT** drive until the morning after your procedure, and you **CANNOT** take public transportation/walk home alone following your procedure.

Sedation

What is conscious sedation?

- Endoscopy/colonoscopy is typically done with moderate sedation (also known as “conscious” sedation). Our goal is to keep you comfortable, not unconscious, during your procedure.
- During the procedure, most patients are very drowsy or asleep. Some patients remain awake, but they are relaxed. Most patients do not remember part or all of their procedure because the sedatives can impair memory.
- If you have required monitored anesthesia in the past, take large quantities of narcotic or opiate pain medications, or if you drink large quantities of alcohol on a regular basis, please contact us as soon as possible to determine if your procedure should be scheduled with MAC.

1015 S. Hackett Rd., Waterloo, Iowa 50701 **319.234.5990**

Digestive Health Center complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.
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